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| SENIOR SCN – ALBERTA HEALTH SERVICES |

**Resources for healthcare providers**

We arranged resources in two ways. One is 5M’s that assist clinicians to focus on most important topics for people coming with cognitive impairment. The clinicians who adapted this model found it very helpful in providing the care.

Second way is based on literature review, where we have found “unmet needs” of health professionals, who care for dementia patients/caregivers and wanted to have more information on specific topics to effectively manage the population with the cognitive impairment.

**Mind Capacity**

<http://www.gmhfonline.org/gmhf/consumer/factsheets/depression_latelife.html>

American association of general psychiatry

<http://www.hopkinsmedicine.org/health/healthy_aging/caregiver_resources>

**Mobility**

<http://www.mayoclinic.org/healthy-lifestyle/healthy-aging/in-depth/fall-prevention/art-20047358>

Healthy aging

<https://www.ncoa.org/healthy-aging/falls-prevention/preventing-falls-tips-for-older-adults-and-caregivers/6-steps-to-protect-your-older-loved-one-from-a-fall/>

Fall prevention

<http://orthoinfo.aaos.org/topic.cfm?topic=a00135>

<http://www.health.gov.bc.ca/library/publications/year/2004/falls.pdf>

**Medication**

http://www.pharmacytimes.com/publications/issue/2004/2004-12/2004-12-9094

<https://www.drugs.com/drug_interactions.html>

**Multi-Complexity**

<https://www.uptodate.com/contents/managing-multiple-comorbidities>

<http://www.medscape.org/viewarticle/430712>

**Matters Most**

**I am not sure about this and what type of websites need to include?**

Unmet needs

**Nurses:**

<http://rnao.ca/bpg/guidelines/assessment-and-care-older-adults-delirium-dementia-and-depression>

Dementia, depression and delirium assessment and care

<https://www.nia.nih.gov/health/alzheimers-dementia-resources-for-professionals>

Tools for Assessment, Diagnosis, Treatment, and Management

<http://www.alz.org/dementia/types-of-dementia.asp>

Types of dementia

<https://www.nursingtimes.net/roles/mental-health-nurses/differentiating-dementia-delirium-and-depression/5084104.article>

Differences between dementia, delirium and depression

**Pharmacists**:

<https://pharmacists.ab.ca/tools-guidelines>

http://www.ocpinfo.com/regulations-standards/policies-guidelines/

Tools and guidelines

<http://www.hopkinsmedicine.org/health/healthy_aging/caregiver_resources>

http://www.pharmacytimes.com/publications/issue/2004/2004-12/2004-12-9094

**Physicians**

<https://igec.uiowa.edu/>

Peer reviewed journals, webinar and courses on elderly care

<https://www.nice.org.uk/guidance/conditions-and-diseases/neurological-conditions/dementia>

Dementia, disability & frailty in later life- midlife approaches to delay or prevent the onset

<https://thewellhealth.ca/>

The primary care tools and resources

**Specific topics**

<https://www.fightdementia.org.au/>

Young onset of dementia

<https://www.i-caare.ca/>

Indigenous population

<https://dementiaresources.org.au/blog-index/>

**Continuing education**

<https://www.alz.org/professionals_and_researchers_11176.asp>

<https://www.nia.nih.gov/health/alzheimers>

<http://www.nes.scot.nhs.uk/education-and-training>

<http://www.gmhfonline.org/gmhf/consumer/factsheets/depression_latelife.html>